

Farmers' Markets • Farm Stands • CSAs

When consumers buy farm direct more money goes to farmers. And when farmers have more funds to put back into the farm, they're more likely to stay in business and keep growing food for the community.

Almost 100 farms in the South Sound sell directly to consumers at farmers' markets, roadside farm stands, and through the 20 Community-Supported Agriculture (CSA) programs in our area. CSA members pay a flat fee to the farm of their choice at the beginning of the season to get a box of fresh farm produce weekly. Sign up online, directly with a farm, or check with your workplace to see if it offers a wellness program that helps cover the cost of a CSA share.

Visit farmers' markets in
Grays Harbor, Lewis, Mason, & Thurston counties.
Check out local farm maps to find out more.



ssfoodsystemnetwork.org

Photo courtesy of Thurston County Food Bank



“When farms sell their products through a conventional grocery store they only receive 30% of the sale. Through CSAs and farm stands, they receive 100%!

CSAs create a trusting relationship between local people and a local farm. In turn, farms are able to provide their workers with a living wage and invest in sustainable farming methods.”

-Helsing Junction Farms